

the Band of the U.S. Air Force Reserve presents



**AIR FORCE
RESERVE**

ABOVE & BEYOND

For more information on becoming a member of
today's U.S. Air Force Reserve, call toll-free

1-800-257-1212

The choices you make today

CHOICES

determine where you will be tomorrow

featuring Reserve Generation

"Choices"

- Message in our Music* 3:34
Ken Gamble & Leon Huff / arr. MSgt Cain, Warner Tamerlane Music, BMI
(Guitar Solo - SSgt Rob Walker)
- High on Life* 4:55
TSgt Mitchell & SSgt Nicholls / arr. SrA Spencer (Guitar Solo - SSgt Rob Walker)
- Socially Acceptable* 5:08
Mark Heimermann & Toby McKeehan / arr. MSgt Cain, Fun Attic Music
& EMI Christian Music Group, ASCAP (R & P Vocal - SSgt Craig Stevens)
- Stop to Think* 4:15
Muddy Waters, Dionne Farris, Lenny Kravitz, Mel London, & Ellas McDaniel, © WATERTOONS
(BMI)* / (Dionne Farris Via Dionne Yvette Mus. (BMI) / Lenny Kravitz Via Miss Bessie Music
(ASCAP) / Arc Music (BMI)] *Adm. by BUG MUSIC
- Junkie* 3:19
Ralph Rice & Annie Danielewski / arr. MSgt Cain, Sony - ATV Songs, BMI
- You* 4:38
Scott Mercado, Kevin Martin, Bardi Martin, & Peter Klett / arr. MSgt Cain,
Warner Bros. Music, ASCAP (Guitar Solo - SSgt Rob Walker)
- Fly Like an Eagle* 3:47
Steve Miller, Sailor Music, ASCAP
- Higher Ground* 3:29
Stevie Wonder, Black Bull Music & Jobete Music, ASCAP
- Choices* 2:47
A1C Joe Schafer (Bass Solo - SrA Terry Grace)

BAND OF THE U.S. AIR FORCE RESERVE
RESERVE GENERATION

"Choices"

It has been said that choices are the "Fabric of Life." The dictionary defines choice as "the act or opportunity of choosing or the thing chosen." Everyday our lives are filled with a multitude of choices. The brain must make thousands of conscious and unconscious decisions per second that allow our bodies to function properly. To be successful in life, we must navigate through a sea of difficult alternatives to arrive at our desired destination. Both positive and negative decisions have a powerful influence on the outcome of our journey. Care must be taken with the choices that each of us makes along the way, because these choices will determine the course of our future.

The primary focus of the Band of the U.S. Air Force Reserve's "Drug Demand Reduction Program" is to provide service members with a realistic challenge and motivation to consider the consequences of taking drugs. You have the power to choose between success and failure. You have the power to achieve your dreams if you define what you want, know how to attain it, and have the determination to achieve it. You as a service member have already made many good choices, or you would not be where you are today. Don't destroy these good choices by becoming involved with something that can ruin your career and destroy your life.

As you listen to the music on this compact disc, we encourage you to stop and really think about maintaining control over your options. If you remain focused on your goals and use every opportunity to make positive decisions, you will succeed. The power of choice is yours!

-SSgt Craig Stevens

Band of the U.S. Air Force Reserve Generation
Personnel

Vocals	TSgt Timothy Fountain*
Drums and Auxiliary Percussion	SSgt Keith Willis
Audio Engineer	SSgt Mike Williams
Guitar	SSgt Rob Walker**
Keyboards and Auxiliary Percussion	SSgt Craig Stevens
Vocals	SSgt Laura Cyree
Bass Guitar	SrA Terry Grace
Vocals	SrA Cris Taylor

*Noncommissioned Officer in Charge, Reserve Generation

**Musical Director, Reserve Generation

For information concerning concerts and tours by the Band of the U.S. Air Force Reserve and its musical units, contact the Director of Operations. For more information regarding musical career opportunities with the U.S. Air Force, contact the Director of Band Auditions.

Band of the U.S. Air Force Reserve, 550 Allentown Road, Robins AFB, GA 31098-2252
Come visit our website at <http://w3.afrc.af.mil/~band>.

Band of the U.S. Air Force Reserve/Reserve Generation

"Choices" Credits

Commander, U.S. Air Force Reserve	Maj Gen James Sherrard III
Vice Commander, U.S. Air Force Reserve	Maj Gen David R. Smith
Assistant Vice Commander, U.S. Air Force Reserve	Brig Gen David S. Sibley
U.S. Air Force ADAPT/DR Program Manager	LtCol Peter F. Durand
Counterdrug Support Officer / Executive Producer	Ms. Patricia Sveda
Commander, Band of the Air Force Reserve	Capt N. Alan Clark
Deputy Commander / Co-Producer	2LT Jeff Warner
Deputy Director / Co-Producer	Mr. David C. Ballengee
Band Manager	SMSgt Patrick Fegan / Roger Ferrell
First Sergeant	MSgt Jake Story
Co-Producers	TSgt Timothy Fountain / SSgt Rob Walker
Technical Director / Co-Producer	SSgt Mike Williams
Recordings Coordinator	SrA William L. Granger
Recording Engineer / Co-Producer	David Cherry
Assistant Engineer	H. David Henson
Graphic Design	HQ AFRC Graphic Arts Branch

Master tapes were recorded 11-14 August 98 at Masterlink Studios, Nashville, TN.
Mixed at Masterlink Studios, Nashville, TN.
Mastering at Final Stage Studio, Nashville, TN
Compact disc replication by Americ Disc, Miami, FL.

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